

Conference Agenda

Supporting autistic young people on their journey into employment

This conference is organised within the framework of the Erasmus+ project youthAUTwork, which aims to support autistic young people in their transition to the labour market and to develop practical, accessible tools together with autistic people and their support networks.

Friday, 28 August

10:30–11:00 | Arrival, registration and welcome coffee

11:00–11:30 | Welcome and Introduction to the youthAUTwork project

Speaker: Līga Bērziņa Opening remarks and an introduction to the Erasmus+ youthAUTwork project, including its objectives, main activities, partnership, and expected outcomes.

11:30–12:30 | Supporting autistic young people in entering the labour market

Speaker: Elina Havukainen A presentation and discussion on the challenges autistic young people may experience when entering the labour market, the support that can make a meaningful difference, and approaches that promote inclusion, autonomy, and sustainable employment.

12:30–13:00 | Self-Help tools for supporting the journey towards employment

An introduction to the self-help tools being developed within the youthAUTwork project. The tools are intended to support autistic young people in identifying their strengths, understanding their needs, preparing for employment, and navigating the transition into working life.

13:00–14:00 | Lunch Break

14:00–15:30 | Co-Creation session: Developing the self-help tool

Participants: Autistic adults and members of their support teams An interactive session bringing together autistic adults and members of their support teams to explore the self-help tool.

15:30–15:40 | Closing reflections and wrap-up A summary of the main insights from the day and practical information for the following session.

Saturday, 29 August

11:00–13:00 | Co-creation session: Testing and refining the self-help tool

Participants: Autistic adults and members of their support teams

Speaker: Elina Havukainen A practical follow-up session focused on testing the self-help tool and gathering detailed feedback. The discussion will address its usability, clarity, accessibility, and relevance to the real-life experiences of autistic young people preparing for or entering employment.

13:00 | Closing of the conference

Final reflections, acknowledgement of participants' contributions.